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# *The Right Thing to Do*

Basic Readings in Moral Philosophy

SIXTH EDITION

Edited by

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and

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THE RIGHT THING TO DO, SIXTH EDITION

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## CHAPTER 3

# Utilitarianism

John Stuart Mill

In the history of moral philosophy, the name of John Stuart Mill (1806–1873) is inevitably linked with that of Jeremy Bentham (1748–1832). Few philosophers have combined theory and practice as successfully as Bentham. A wealthy Londoner, he studied law but never practiced, instead devoting himself to writing and working for social reform. He became the leader of a group of philosophical radicals known as the Benthamites, who campaigned for causes like prison reform and restrictions on the use of child labor. Bentham was an effective member of the British establishment, and almost all the Benthamites' legislative proposals eventually became law.

Bentham was convinced that both law and morals must be based on a realistic, nonsupernatural conception of human beings. The first sentence of his greatest work, *The Principles of Morals and Legislation*, declares: "Nature has placed mankind under the governance of two sovereign masters, *pain* and *pleasure*." Some things give us pleasure, and others cause us pain. This fundamental fact explains why we behave as we do—we seek pleasure and avoid pain—and it explains why we judge some things to be good and other things to be evil. Therefore, he reasoned, morality must consist in trying to bring about as much pleasure as possible, while striving to minimize pain. This ultimate moral principle, the Principle of Utility, requires us to always choose the action or social policy that provides the most happiness for all.

One of Bentham's followers was James Mill, a distinguished Scottish philosopher, historian, and economist. James Mill's son, John Stuart, would become the leading advocate of utilitarian moral theory for the next generation. James Mill, in fact, educated his son with this in mind. He had the boy studying Greek and Latin at age 3, and by

the time he entered his teens, John Stuart was already mastering the blend of subjects that the British call "political economy." He was 26 when Bentham died, and he knew the older man well. He was not, however, merely a follower of the master. Mill became more accomplished than Bentham, contributing to subjects that Bentham barely knew, such as the philosophy of science and the foundations of mathematical knowledge.

Unlike Bentham, the Mills were not wealthy, and John Stuart earned his living in the office of the East India Company, as had his father. In 1830, he met and fell in love with Harriet Taylor, who, alas, was married with three children. Harriet was faithful to her husband until he died in 1849. Two years later, she and Mill married. With Harriet as his partner, Mill became a leader in the women's rights movement and published *The Subjection of Women* in 1869.

The following excerpts are from Mill's book *Utilitarianism*, in which he develops some of the basic ideas of utilitarian moral theory.

## II. What Utilitarianism Is

... The creed which accepts as the foundation of morals, Utility, or the Greatest Happiness Principle, holds that actions are right in proportion as they tend to promote happiness, wrong as they tend to produce the reverse of happiness. By happiness is intended pleasure, and the absence of pain; by unhappiness, pain, and the privation of pleasure. To give a clear view of the moral standard set up by the theory, much more requires to be said; in particular, what things it includes in the ideas of pain and pleasure; and to what extent this is left an open question. But these supplementary explanations do not affect the theory of life on which this theory of morality is grounded—namely, that pleasure, and freedom from pain, are the only things desirable as ends; and that all desirable things (which are as numerous in the utilitarian as in any other scheme) are desirable either for the pleasure inherent in themselves, or as means to the promotion of pleasure and the prevention of pain.

Now, such a theory of life excites in many minds, and among them in some of the most estimable in feeling and purpose, inveterate dislike. To suppose that life has (as they express it) no higher end than pleasure—no better and nobler object of desire and pursuit—they designate as utterly mean and grovelling; as a doctrine worthy only of swine, to whom the followers of Epicurus were, at a very early

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period, contemptuously likened; and modern holders of the doctrine are occasionally made the subject of equally polite comparisons by its German, French, and English assailants.

When thus attacked, the Epicureans have always answered, that it is not they, but their accusers, who represent human nature in a degrading light; *since the accusation supposes human beings to be capable of no pleasures except those of which swine are capable.* If this supposition were true, the charge could not be gainsaid, but would then be no longer an imputation; for if the sources of pleasure were precisely the same to human beings and to swine, the rule of life which is good enough for the one would be good enough for the other. The comparison of the Epicurean life to that of beasts is felt as degrading, precisely because a beast's pleasures do not satisfy a human being's conceptions of happiness. Human beings have faculties more elevated than the animal appetites, and when once made conscious of them, do not regard anything as happiness which does not include their gratification. I do not, indeed, consider the Epicureans *to have been by any means faultless in drawing out their scheme of consequences from the utilitarian principle.* To do this in any sufficient manner, many Stoic, as well as Christian elements require to be included. But there is no known Epicurean theory of life which does not assign to the pleasures of the intellect, of the feelings and imagination, and of the moral sentiments, a much higher value as pleasures than to those of mere sensation. It must be admitted, however, that utilitarian writers in general have placed the superiority of mental over bodily pleasures chiefly in the greater permanency, safety, uncostliness, etc. of the former—that is, in their circumstantial advantages rather than in their intrinsic nature. And on all these points utilitarians have fully proved their case; but they might have taken the other, and, as it may be called, *higher ground, with entire consistency.* It is quite compatible with the principle of utility to recognise the fact, that some *kinds* of pleasure are more desirable and more valuable than others. It would be absurd that while, in estimating all other things, quality is considered as well as quantity, the estimation of pleasures should be supposed to depend on quantity alone.

If I am asked, what I mean by difference of quality in pleasures, or what makes one pleasure more valuable than another, merely as a pleasure, except its being greater in amount, there is but one possible answer. Of two pleasures, if there be one to which all or almost all who have experience of both give a decided preference, irrespective of any feeling of moral obligation to prefer it, that is the more

desirable pleasure. If one of the two is, by those who are competently acquainted with both, placed so far above the other that they prefer it, even though knowing it to be attended with a greater amount of discontent, and would not resign it for any quantity of the other pleasure which their nature is capable of, we are justified in ascribing to the preferred enjoyment a superiority in quality, so far outweighing quantity as to render it, in comparison, of small account.

Now it is an unquestionable fact that those who are equally acquainted with, and equally capable of appreciating and enjoying, both, do give a most marked preference to the manner of existence which employs their higher faculties. Few human creatures would consent to be changed into any of the lower animals, for a promise of the fullest allowance of a beast's pleasures; no intelligent human being would consent to be a fool, no instructed person would be an ignoramus, no person of feeling and conscience would be selfish and base, even though they should be persuaded that the fool, the dunce, or the rascal is better satisfied with his lot than they are with theirs. They would not resign what they possess more than he, for the most complete satisfaction of all the desires which they have in common with him. If they ever fancy they would, it is only in cases of unhappiness so extreme, that to escape from it they would exchange their lot for almost any other, however undesirable in their own eyes. A being of higher faculties requires more to make him happy, is capable probably of more acute suffering, and is certainly accessible to it at more points, than one of an inferior type; but in spite of these liabilities, he can never really wish to sink into what he feels to be a lower grade of existence. We may give what explanation we please of this unwillingness; we may attribute it to pride, a name which is given indiscriminately to some of the most and to some of the least estimable feelings of which mankind are capable; we may refer it to the love of liberty and personal independence, an appeal to which was with the Stoics one of the most effective means for the inculcation of it; to the love of power, or to the love of excitement, both of which do really enter into and contribute to it: but its most appropriate appellation is a sense of dignity, which all human beings possess in one form or other, and in some, though by no means in exact, proportion to their higher faculties, and which is so essential a part of the happiness of those in whom it is strong, that nothing which conflicts with it could be, otherwise than momentarily, an object of desire to them. Whoever supposes that this preference takes place at a sacrifice of happiness—that the superior being, in anything like the equal circumstances, is not happier than the inferior—confounds the

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two very different ideas, of happiness, and content. It is indisputable that the being whose capacities of enjoyment are low, has the greatest chance of having them fully satisfied; and a highly-endowed being will always feel that any happiness which he can look for, as the world is constituted, is imperfect. But he can learn to bear its imperfections, if *they are at all bearable; and they will not make him envy the being who is indeed unconscious of the imperfections, but only because he feels not at all the good which those imperfections qualify.* It is better to be a human being dissatisfied than a pig satisfied; better to be Socrates dissatisfied than a fool satisfied. And if the fool, or the pig, is of a different opinion, it is because they only know their own side of the question. The other party to the comparison knows both sides.

It may be objected, that many who are capable of the higher pleasures, occasionally, under the influence of temptation, postpone them to the lower. But this is quite compatible with a full appreciation of the intrinsic superiority of the higher. Men often, from infirmity of character, make their election for the nearer good, though they know it to be *the less valuable; and this no less when the choice is between two bodily pleasures, than when it is between bodily and mental.* They pursue sensual indulgences to the injury of health, though perfectly aware that health is the greater good. It may be further objected, that many who begin with youthful enthusiasm for everything noble, as they advance in years sink into indolence and selfishness. But I do not believe that those who undergo this very common change, voluntarily choose the lower description of pleasures in preference to the higher. I believe that before they devote themselves exclusively to the one, they have already become incapable of the other. Capacity for the nobler feelings is in most natures a very tender plant, easily killed, not only by hostile influences, but by mere want of sustenance; and in the majority of young persons it speedily dies away if the occupations to which their position in life has devoted them, and the society into which it has thrown them, are not favourable to keeping that higher capacity in exercise. Men lose their high aspirations as they lose their intellectual tastes, because they have not time or opportunity for indulging them; and they addict themselves to inferior pleasures, not because they deliberately prefer them, but because they are either the only ones to which they have access, or the only ones which they are any longer capable of enjoying. It may be questioned whether any one who has remained equally susceptible to both classes of pleasures, ever knowingly and calmly preferred the lower, though many, in all ages, have broken down in an ineffectual attempt to combine both.

From this verdict of the only competent judges, I apprehend there can be no appeal. On a question which is the best worth having of two pleasures, or which of two modes of existence is the most grateful to the feelings, apart from its moral attributes and from its consequences, the judgment of those who are qualified by knowledge of both, or, if they differ, that of the majority among them, must be admitted as final. And there needs be the less hesitation to accept this judgment respecting the quality of pleasures, since there is no other tribunal to be referred to even on the question of quantity. What means are there of determining which is the acutest of two pains, or the intensest of two pleasurable sensations, except the general suffrage of those who are familiar with both? Neither pains nor pleasures are homogeneous, and pain is always heterogeneous with pleasure. What is there to decide whether a particular pleasure is worth purchasing at the cost of a particular pain, except the feelings and judgment of the experienced? When, therefore, those feelings and judgment declare the pleasures derived from the higher faculties to be preferable *in kind*, apart from the question of intensity, to those of which the animal nature, disjoined from the higher faculties, is susceptible, they are entitled on this subject to the same regard.

I have dwelt on this point, as being a necessary part of a perfectly just conception of Utility or Happiness, considered as the directive rule of human conduct. But it is by no means an indispensable condition to the acceptance of the utilitarian standard; for that standard is not the agent's own greatest happiness, but the greatest amount of happiness altogether; and if it may possibly be doubted whether a noble character is always the happier for its nobleness, there can be no doubt that it makes other people happier, and that the world in general is immensely a gainer by it. Utilitarianism, therefore, could only attain its end by the general cultivation of nobleness of character, even if each individual were only benefitted by the nobleness of others, and his own, so far as happiness is concerned, were a sheer deduction from the benefit. But the bare enunciation of such an absurdity as this last, renders refutation superfluous.

According to the Greatest Happiness Principle, as above explained, the ultimate end, with reference to and for the sake of which all other things are desirable (whether we are considering our own good or that of other people), is an existence exempt as far as possible from pain, and as rich as possible in enjoyments, both in point of quantity and quality; the test of quality, and the rule for measuring it against quantity, being the preference felt by those who,



in their opportunities of experience, to which must be added their habits of self-consciousness and self-observation, are best furnished with the means of comparison. This, being, according to the utilitarian opinion, the end of human action, is necessarily also the standard of morality; which may accordingly be defined, the rules and precepts for human conduct, by the observance of which an existence such as has been described might be, to the greatest extent possible, secured to all mankind; and not to them only, but, so far as the nature of things admits, to the whole sentient creation. . . .

I must again repeat, what the assailants of utilitarianism seldom have the justice to acknowledge, that the happiness which forms the utilitarian standard of what is right in conduct, is not the agent's own happiness, but that of all concerned. As between his own happiness and that of others, utilitarianism requires him to be as strictly impartial as a disinterested and benevolent spectator. In the golden rule of Jesus of Nazareth, we read the complete spirit of the ethics of utility. To do as one would be done by, and to love one's neighbour as oneself, constitute the ideal perfection of utilitarian morality. As the means of making the nearest approach to this ideal, utility would enjoin, first, that laws and social arrangements should place the happiness, or (as speaking practically it may be called) the interest, of every individual, as nearly as possible in harmony with the interest of the whole; and secondly, that education and opinion, which have so vast a power over human character, should so use that power as to establish in the mind of every individual an indissoluble association between his own happiness and the good of the whole; especially between his own happiness and the practice of such modes of conduct, negative and positive, as regard for the universal happiness prescribes: so that not only he may be unable to conceive the possibility of happiness to himself, consistently with conduct opposed to the general good, but also that a direct impulse to promote the general good may be in every individual one of the habitual motives of action, and the sentiments connected therewith may fill a large and prominent place in every human being's sentient existence. If the impugn-ers of the utilitarian morality represented it to their own minds in this its true character, I know not what recommendation possessed by any other morality they could possibly affirm to be wanting to it: what more beautiful or more exalted developments of human nature any other ethical system can be supposed to foster, or what springs of action, not accessible to the utilitarian, such systems rely on for giving effect to their mandates. . . .

#### IV. Of What Sort of Proof the Principle of Utility Is Susceptible

It has already been remarked, that questions of ultimate ends do not admit of proof, in the ordinary acceptance of the term. To be incapable of proof by reasoning is common to all first principles; to the first premises of our knowledge, as well as to those of our conduct. But the former, being matters of fact, may be the subject of a direct appeal to the faculties which judge of fact—namely, our senses, and our internal consciousness. Can an appeal be made to the same faculties on questions of practical ends? Or by what other faculty is cognizance taken of them?

Questions about ends are, in other words, questions about what things are desirable. The utilitarian doctrine is, that happiness is desirable, and the only thing desirable, as an end; all other things being only desirable as means to that end. What ought to be required of this doctrine—what conditions is it requisite that the doctrine should fulfill—to make good its claim to be believed?

The only proof capable of being given that an object is visible, is that people actually see it. The only proof that a sound is audible, is that people hear it: and so of the other sources of our experience. In like manner, I apprehend, the sole evidence it is possible to produce that anything is desirable, is that people do actually desire it. If the end which the utilitarian doctrine proposes to itself were not, in theory and in practice, acknowledged to be an end, nothing could ever convince any person that it was so. No reason can be given why the general happiness is desirable, except that each person, so far as he believes it to be attainable, desires his own happiness. This, however, being a fact, we have not only all the proof which the case admits of, but all which it is possible to require, that happiness is a good: that each person's happiness is a good to that person, and the general happiness, therefore, a good to the aggregate of all persons. Happiness has made out its title as *one* of the ends of conduct, and consequently one of the criteria of morality.

But it has not, by this alone, proved itself to be the sole criterion. To do that, it would seem, by the same rule, necessary to show, not only that people desire happiness, but that they never desire anything else. Now it is palpable that they do desire things which, in common language, are decidedly distinguished from happiness. They desire, for example, virtue, and the absence of vice, no less really than pleasure and the absence of pain. The desire of virtue is not as

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universal, but it is as authentic a fact, as the desire of happiness. And hence the opponents of the utilitarian standard deem that they have a right to infer that there are other ends of human action besides happiness, and that happiness is not the standard of approbation and disapprobation.

But does the utilitarian doctrine deny that people desire virtue, or maintain that virtue is not a thing to be desired? The very reverse. It maintains not only that virtue is to be desired, but that it is to be desired disinterestedly, for itself. Whatever may be the opinion of utilitarian moralists as to the original conditions by which virtue is made virtue; however they may believe (as they do) that actions and dispositions are only virtuous because they promote another end than virtue; yet this being granted, and it having been decided, from considerations of this description, what is virtuous, they not only place virtue at the very head of the things which are good as means to the ultimate end, but they also recognise as a psychological fact the possibility of its being, to the individual, a good in itself, without looking to any end beyond it; and hold, that the mind is not in a right state, not in a state comfortable to Utility, not in the state most conducive to the general happiness, unless it does love virtue in this manner—as a thing desirable in itself, even although, in the individual instance, it should not produce those other desirable consequences which it tends to produce, and on account of which it is held to be virtue. This opinion is not, in the smallest degree, a departure from the Happiness principle. The ingredients of happiness are very various, and each of them is desirable in itself, and not merely when considered as swelling an aggregate. The principle of utility does not mean that any given pleasure, as music, for instance, or any given exemption from pain, as for example health, are to be looked upon as a means to a collective something termed happiness, and to be desired on that account. They are desired and desirable in and for themselves; besides being means, they are a part of the end. Virtue, according to the utilitarian doctrine, is not naturally and originally part of the end, but it is capable of becoming so; and in those who love it disinterestedly it has become so, and is desired and cherished, not as a means to happiness, but as a part of their happiness.

To illustrate this farther, we may remember that virtue is not the only thing, originally a means, and which if it were not a means to anything else, would be and remain indifferent, but which by association with what it is a means to, comes to be desired for itself, and that too with the utmost intensity. What, for example, shall we

say of the love of money? There is nothing originally more desirable about money than about any heap of glittering pebbles. Its worth is solely that of the things which it will buy; the desires for other things than itself, which it is a means of gratifying. Yet the love of money is not only one of the strongest moving forces of human life, but money is, in many cases, desired in and for itself; the desire to possess it is often stronger than the desire to use it, and goes on increasing when all the desires which point to ends beyond it, to be encompassed by it, are falling off. It may be then said truly, that money is desired not for the sake of an end, but as part of the end. From being a means to happiness, it has come to be itself a principal ingredient of the individual's conception of happiness. The same may be said of the majority of the great objects of human life—power, for example, or fame; except that to each of these there is a certain amount of immediate pleasure annexed, which has at least the semblance of being naturally inherent in them; a thing which cannot be said of money. Still, however, the strongest natural attraction, both of power and of fame, is the immense aid they give to the attainment of our other wishes; and it is the strong association thus generated between them and all our objects of desire, which gives to the direct desire of them the intensity it often assumes, so as in some characters to surpass in strength all other desires. In these cases the means have become a part of the end, and a more important part of it than any of the things which they are means to. What was once desired as an instrument for the attainment of happiness, has come to be desired for its own sake. In being desired for its own sake it is, however, desired as *part* of happiness. The person is made, or thinks he would be made, happy by its mere possession; and is made unhappy by failure to obtain it. The desire of it is not a different thing from the desire of happiness, any more than the love of music, or the desire of health. They are included in happiness. They are some of the elements of which the desire of happiness is made up. Happiness is not an abstract idea, but a concrete whole; and these are some of its parts. And the utilitarian standard sanctions and approves their being so. Life would be a poor thing, very ill provided with sources of happiness, if there were not this provision of nature, by which things originally indifferent, but conducive to, or otherwise associated with, the satisfaction of our primitive desires, become in themselves sources of pleasure more valuable than the primitive pleasures, both in permanency, in the space of human existence that they are capable of covering, and even in intensity.

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Virtue, according to the utilitarian conception, is a good of this description. There was no original desire of it, or motive to it, save its conduciveness to pleasure, and especially to protection from pain. But through the association thus formed, it may be felt a good in itself, and desired as such with as great intensity as any other good; and with this difference between it and the love of money, of power, or of fame, that all of these may, and often do, render the individual noxious to the other members of the society to which he belongs, whereas there is nothing which makes him so much a blessing to them as the cultivation of the disinterested love of virtue. And consequently, the utilitarian standard, while it tolerates and approves those other acquired desires, up to the point beyond which they would be more injurious to the general happiness than promotive of it, enjoins and requires the cultivation of the love of virtue up to the greatest strength possible, as being above all things important to the general happiness.

It results from the preceding considerations, that there is in reality nothing desired except happiness. Whatever is desired otherwise than as a means to some end beyond itself, and ultimately to happiness, is desired as itself a part of happiness, and is not desired for itself until it has become so.

## CHAPTER 4

# *Utilitarianism and Integrity*

Bernard Williams

Utilitarianism is the theory that we should always try to maximize happiness. It is hard to argue against the value of being happy, but critics are quick to point out that we value other things as well.

Sir Bernard Williams (1929–2003), one of the great critics of Utilitarianism, held professorships at both Cambridge University and Oxford University. In this selection, he considers two difficult test cases for the utilitarian theory.

(1) George, who has just taken his Ph.D. in chemistry, finds it extremely difficult to get a job. He is not very robust in health, which cuts down the number of jobs he might be able to do satisfactorily. His wife has to go out to work to support them, which itself causes a great deal of strain, since they have small children and there are severe problems about looking after them. The results of all this, especially on the children, are damaging. An older chemist, who knows about this situation, says that he can get George a decently paid job in a certain laboratory, which pursues research into chemical and biological warfare. George says that he cannot accept this, since he is opposed to chemical and biological warfare. The older man replies that he is not too keen on it himself, come to that, but after all George's refusal is not going to make the job or the laboratory go away; what is more, he happens to know that if George refuses the job, it will certainly go to a contemporary of George's who is not inhibited by any such scruples

Excerpted from Bernard Williams, "A Critique of Utilitarianism," *Utilitarianism: For and Against*, Cambridge University Press, 1973. Reprinted by permission of Cambridge University Press.



and is likely if appointed to push along the research with greater zeal than George would. Indeed, it is not merely concern for George and his family, but (to speak frankly and in confidence) some alarm about this other man's excess of zeal, which has led the older man to offer to use his influence to get George the job. . . . George's wife, to whom he is deeply attached, has views (the details of which need not concern us) from which it follows that at least there is nothing particularly wrong with research into CBW. What should he do?

(2) Jim finds himself in the central square of a small South American town. Tied up against the wall are a row of twenty Indians, *most terrified, a few defiant, in front of them several armed men in uniform*. A heavy man in a sweat-stained khaki shirt turns out to be the captain in charge and, after a good deal of questioning of Jim which establishes that he got there by accident while on a botanical expedition, explains that the Indians are a random group of the inhabitants who, after recent acts of protest against the government, are just about to be killed to remind other possible protestors of the advantages of not protesting. However, since Jim is an honoured visitor from another land, the captain is happy to offer him a guest's privilege of killing one of the Indians himself. If Jim accepts, then as a special mark of the occasion, the other Indians will be let off. Of course, if Jim refuses, then there is no special occasion, and Pedro here will do what he was about to do when Jim arrived, and kill them all. Jim, with some desperate recollection of schoolboy fiction, wonders whether if he got hold of a gun, he could hold the captain, Pedro and the rest of the soldiers to threat, but it is quite clear from the set-up that nothing of that kind is going to work: any attempt at that sort of thing will mean that all the Indians will be killed, and himself. The men against the wall, and the other villagers, understand the situation, and are obviously begging him to accept. What should he do?

To these dilemmas, it seems to me that utilitarianism replies, in the first case, that George should accept the job, and in the second, that Jim should kill the Indian. Not only does utilitarianism give these answers but, if the situations are essentially as described and there are no further special factors, it regards them, it seems to me, as *obviously* the right answers. But many of us would certainly wonder whether, in (1), that could possibly be the right answer at all; and in the case of (2), even one who came to think that perhaps that was the answer, might well wonder whether it was obviously the answer. Nor is it just a question of the rightness or obviousness of these answers. It is also a question of what sort of considerations come into finding

the answer. A feature of utilitarianism is that it cuts out a kind of consideration which for some others makes a difference to what they feel about such cases: a consideration involving the idea, as we might first and very simply put it, that each of us is specially responsible for what *he* does, rather than for what other people do. This is an idea closely connected with the value of integrity. It is often suspected that utilitarianism, at least in its direct forms, makes integrity as a value more or less unintelligible. I shall try to show that this suspicion is correct. Of course, even if that is correct, it would not necessarily follow that we should reject utilitarianism; perhaps, as utilitarians sometimes suggest, we should just forget about integrity, in favour of such things as a concern for the general good. However, if I am right, we cannot merely do that, since the reason why utilitarianism cannot understand integrity is that it cannot coherently describe the relations between a man's projects and his actions.

## Two Kinds of Remoter Effect

A lot of what we have to say about this question will be about the relations between my projects and other people's projects. But before we get on to that, we should first ask whether we are assuming too hastily what the utilitarian answers to the dilemmas will be. In terms of more direct effects of the possible decisions, there does not indeed seem much doubt about the answer in either case; but it might be said that in terms of more remote or less evident effects counterweights might be found to enter the utilitarian scales. Thus the effect on George of a decision to take the job might be invoked, or its effect on others who might know of his decision. The possibility of there being more beneficent labours in the future from which he might be barred or disqualified, might be mentioned; and so forth. Such effects—in particular, possible effects on the agent's character, and effects on the public at large—are often invoked by utilitarian writers dealing with problems about lying or promise-breaking, and some similar considerations might be invoked here.

There is one very general remark that is worth making about arguments of this sort. The certainty that attaches to these hypotheses about possible effects is usually pretty low; in some cases, indeed, the hypothesis invoked is so implausible that it would scarcely pass if it were not being used to deliver the respectable moral answer, as in the standard fantasy that one of the effects of one's telling a particular lie is to weaken the disposition of the world at large to tell the truth.

The demands on the certainty or probability of these beliefs as beliefs about particular actions are much milder than they would be on beliefs favouring the unconventional course. It may be said that this is as it should be, since the presumption must be in favour of the conventional course: but that scarcely seems a *utilitarian* answer, unless utilitarianism has already taken off in the direction of not applying the consequences to the particular act at all.

Leaving aside that very general point, I want to consider now two types of effect that are often invoked by utilitarians, and which might be invoked in connexion with these imaginary cases. The attitude or tone involved in invoking these effects may sometimes seem peculiar; but that sort of peculiarity soon becomes familiar in utilitarian discussions, and indeed it can be something of an achievement to retain a sense of it.

First, there is the psychological effect on the agent. Our descriptions of these situations have not so far taken account of how George or Jim will be after they have taken the one course or the other; and it might be said that if they take the course which seemed at first the utilitarian one, the effects on them will be in fact bad enough and extensive enough to cancel out the initial utilitarian advantages of that course. Now there is one version of this effect in which, for a utilitarian, some confusion must be involved, namely that in which the agent feels bad, his subsequent conduct and relations are crippled and so on, *because he thinks that he has done the wrong thing*—for if the balance of outcomes was as it appeared to be *before* invoking this effect, then he has not (from the utilitarian point of view) done the wrong thing. So that version of the effect, for a rational and utilitarian agent, could not possibly make any difference to the assessment of right and wrong. However, perhaps he is not a thoroughly rational agent, and is disposed to have bad feelings, whichever he decided to do. Now such feelings, which are from a strictly utilitarian point of view irrational—nothing, a utilitarian can point out, is advanced by having them—cannot, consistently, have any great weight in a utilitarian calculation. I shall consider in a moment an argument to suggest that they should have no weight at all in it. But short of that, the utilitarian could reasonably say that such feelings should not be encouraged, even if we accept their existence, and that to give them a lot of weight is to encourage them. Or, at the very best, even if they are straightforwardly and without any discount to be put into the calculation, their weight must be small: they are after all (and at best) one man's feelings.

That consideration might seem to have particular force in Jim's case. In George's case, his feelings represent a larger proportion of what is to be weighed, and are more commensurate in character with other items in the calculation. In Jim's case, however, his feelings might seem to be of very little weight compared with other things that are at stake. There is a powerful and recognizable appeal that can be made on this point: as that a refusal by Jim to do what he has been invited to do would be a kind of self-indulgent squeamishness. . . . If he does not see [the situation] from a utilitarian point of view, he will not see his resistance to the invitation, and the unpleasant feelings he associates with accepting it, *just* as disagreeable experiences of his; they figure rather as emotional expressions of a thought that to accept would be wrong. He may be asked, as by the appeal, to consider whether he is right, and indeed whether he is fully serious, in thinking that. But the assertion of the appeal, that he is being self-indulgently squeamish, will not itself answer that question, or even help to answer it, since it essentially tells him to regard his feelings just as unpleasant experiences of his, and he cannot, by doing that, answer the question they pose when they are precisely not so regarded, but are regarded as indications of what he thinks is right and wrong. If he does come round fully to the utilitarian point of view then of course he will regard these feelings just as unpleasant experiences of his. And once Jim—at least—has come to see them in that light, there is nothing left for the appeal to do, since *of course* his feelings, so regarded, are of virtually no weight at all in relation to the other things at stake. The "squeamishness" appeal is not an argument which adds in a hitherto neglected consideration. Rather, it is an invitation to consider the situation, and one's own feelings, from a utilitarian point of view.

The reason why the squeamishness appeal can be very unsettling, and one can be unnerved by the suggestion of self-indulgence in going against utilitarian considerations, is not that we are utilitarians who are uncertain what utilitarian value to attach to our moral feelings, but that we are partially at least not utilitarians, and cannot regard our moral feelings merely as objects of utilitarian value. Because our moral relation to the world is partly given by such feelings, and by a sense of what we can or cannot "live with," to come to regard those feelings from a purely utilitarian point of view, that is to say, as happenings outside one's moral self, is to lose a sense of one's moral identity; to lose, in the most literal way, one's integrity. . . .

Try to